

# Elizabeth Stasny MCN RDN LD CNSC

## *Nutrition for Chronic and Progressive Illness*



### *Are YOU...*

- Stressed about what you can/can't eat?
- Experiencing unintentional weight loss or gain?
- Frustrated and confused by all the information out there about food and nutrition?

### *How I Can Help...*

As a Registered Dietitian with 10 years' experience in critical, acute, and home care settings, I **specialize in nutrition for chronic and progressive illness** and will work compassionately with you to:

- Provide health and nutrition education specific to **your** situation
- Help you to be confident with your food choices
- Help you preserve your health, independence and functionality

### *Referrals?*

Secure Fax: 833-799-3331

### *Questions?*

Call me: 214-276-1533

Email:

[RD@LiveWithNutrition.com](mailto:RD@LiveWithNutrition.com)

### *More Info...*

LiveWithNutrition.com



*Easy and Convenient Telehealth Appts | Payment at time of service (HSA Eligible)*

*...Nutrition you can LIVE with!*