

# Elizabeth Stasny MCN RDN LD CNSC

***Are you confused or frustrated by how to eat?***

***I Can Help!***

As an experienced **Registered Dietitian**, I provide compassionate and **personalized medical nutrition planning and counseling**.

I specialize in;

**Chronic Illness**, particularly ■ Diabetes ■ GI Disorders ■ Auto-immune Disease ■ Weight Management ■ Cancer ■

**Elder Care**

**Improving relationship with food**, weight and body image



**\*\*In-Network with Medicare, United/UHC & BCBS\*\***



[LiveWithNutrition.com](http://LiveWithNutrition.com)

My patients work with me to **prevent nutrition-related decline**, **boost confidence** in food choices, make **sustainable changes**, and **improve overall health** through better nutrition

 **Convenient  
Tele-Health  
Appointments  
Available**

**...Nutrition You Can LIVE With!**

**One-on-one Consultations**  
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